

**Management Committee**

**Date: 30<sup>th</sup> March 2017**



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## **Outcome 5: People live active, healthier and independent lives Progress Report**

### **1. Recommendations**

The Management Committee are asked to consider whether there are more partners that could be involved with the community response to falls: where there are no obvious injuries; and falls prevention.

### **2. Highlights from activities for Outcome 5**

- A contract worth £3.3 million over 3 years has been appointed to Argyll & Bute Council to focus on financial inclusion.
- A pilot on social prescribing is happening in Dunoon and Rothesay over the coming year with the potential for further roll-out thereafter. The Scottish Government have made funding available for link workers and the Health and Social Care Partnership is hoping to access some of this funding. Social prescribing enables health care professionals to refer people to a range of non-clinical and holistic services such as volunteering, gardening, cookery, sports, learning which are typically provided by voluntary and community organisations.
- 3 x 12 week “Branching Out” programmes have now been completed and a further 2 are underway. These programmes are a partnership approach for service users of Community Mental Health teams.
- The outdoor gym at Blairbuie Woodland (Lochgilphead) was formally opened in January 2017 and funding has been sourced to upgrade the abilities for all path to encourage those with disabilities to access the woodland walks.

### 3. Risks

- A pilot is underway in Lochgilphead in conjunction with the Scottish Ambulance Service for a community response to falls where there are no apparent injuries. Locality teams are considering the logistics of taking on this role, particularly around having the necessary skills to assess for injuries and around capacity.

### 4. Opportunities

- Falls Prevention and Response is an area where there are opportunities for partners to expand upon existing partnership work. Existing partnership working includes Scottish Fire and Rescue Service working with the Health and Social Care Partnership to deliver Falls Prevention inputs where appropriate when they deliver Home Fire Safety Visits. The Scottish Fire and Rescue Service working in partnership with Scottish Ambulance Service on out-of-hour cardiac arrests in Mull and there are ongoing discussions with the Ambulance Service and the Coastguard regarding a community response to falls in Mull.
- The Outcome 5 delivery group is considering how best to respond to the statistics on Child Healthy Weight.

### Background

Consultations	This information was discussed at the Outcome 5 Activity Lead Group
Resources	None as a direct result
Prevention	The topics covered in this report directly link to Prevention e.g. Falls Awareness and Prevention, Mental Health and Social Prescribing.
Equalities	No equalities groups are directly targeted as a result of this report

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